



COBRAS BASKETBALL CLUB PROGRAM OVERVIEW - 2022/23

Year 1 - September 2022 - May 2023

Program Service Provider -



www.BeFitSports.com

Yearly Terms - 2022/23

- **Term 1 - Sep 17- Nov 5**
- **Term 2 - Nov 12 - Jan 15**
- **Term 3 - Feb 11 - May 27**

League Seasons -

AUTUMN - OCT - DEC '22
SPRING - JAN - MAY ' 23

**ICS STUDENTS - Enrol - www.befitsports.com/enrol
(enter code- cobras (age group))**

ABOUT THE COBRAS BASKETBALL CLUB ACADEMY

**A NEW
BASKETBALL CLUB
PROGRAM TO
PROVIDE A
QUALITY
BASKETBALL
EXPERIENCE FOR
ICS STUDENTS**



The **goal** of the **Cobras** Basketball Club Academy is to provide a **quality, fun and enjoyable basketball experience** for students of the **International Christian School (ICS)**. **BeFitSports** (<https://www.befitsports.com>) works closely with the ICS Sports Department in providing this quality Basketball Club Academy. The School's philosophies and policies underpin our service delivery. Enrolled Students have **Skills and Team Training sessions** where Coaches use Curriculum Based Lesson Plans to ensure important skills are taught. The priority of the Kowloon Cobras Academy is to develop Club teams to **participate in available Leagues** in Hong Kong