



HEALTH AND SAFETY PROTOCOLS



Dear Parents,

Thank you for enrolling in the **BeFitSports Individual Coaching**. We are excited to be able to offer the students this basketball opportunity! Please see the coaching details and further information. Note that there will be an additional **Health Declaration Form** that must be completed prior to the camp. Also PLEASE CHECK IMPORTANT HEALTH INFORMATION and INDIVIDUAL COACHING POLICIES and details noted here.

Players please bring :

- 01 1 x basketball
- 02 Change of clothes (befit jersey if you are already given one)
- 03 Sweat towel
- 04 Water bottle
- 05 Sanitizer Bottles

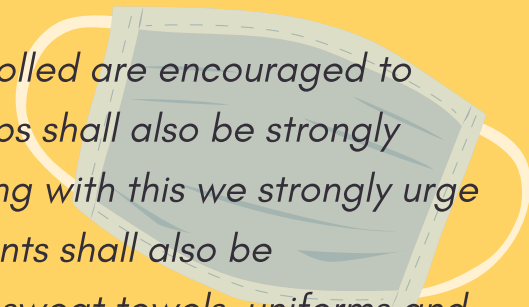


HEALTH AND SAFETY PROTOCOLS

STRICT HEALTH INSTRUCTIONS

Please see our new Policy:

Policy 35. Hygiene / Face mask usage - Students enrolled are encouraged to follow the facilities hygiene measures. Coaches of camps shall also be strongly urged to ensure safe practices are being observed. Along with this we strongly urge face mask usage going to and from the facilities. Students shall also be encouraged to use their own equipment (water bottles, sweat towels, uniforms and any other equipment. Parents shall be contacted prior to camps / activities these policies as well as completing relevant Health Declaration Forms for students



Virus Protection Policy

<https://docs.google.com/document/d/1bw-V2dWeqjn26WEtjQcnBgynfo5gzFwA11BSW14PIM/edit>

Health Declaration Form

This is to be completed beforehand on behalf of each student attending the camp / activity.

https://docs.google.com/forms/d/1LQxY2jVQOR2CSfVzOMuKhzpAUcHGjjlfoiuPH-jrEg/viewform?edit_requested=true



Coaching Sessions Information

I will be online and available each morning of the camps on WhatsApp +852 5431 1140. I will also have direct contact with the coaches each day so please let me know if any questions.



BEFITSPORTS LTD COACHING POLICIES

ADDITIONAL REMINDERS AND POLICIES

Fees Reminder

Also regarding the camp fee, could you please send your cheque (payment made out to BeFitSports Ltd) payment to our office -

BeFitSports Ltd

Unit 2202, 22/F, Causeway Bay Plaza I, 489 Hennessy Road, Causeway Bay, Hong Kong

Or alternatively you can transfer funds directly to the account via ATM / online banking. Please after the deposit send us a picture / notification to assist us with the tracking of payments -

BeFitSports Ltd - Hang Seng account -

390 - 747 - 244 - 883

Policies

- **Coaching** - Strategies and curriculum discussed with each coach as per students development requirements

- **Bookings Thru BeFitSports** - Please ensure any future bookings are thru the company. Coaches are not permitted to book directly with Clients

- **Health and Safety of Facilities** - We follow Government or other organizational facilities Health and Safety Protocols regarding appropriate usage of their facilities. If Facilities are booked and / or arranged by the client then it is the clients responsibility to ensure it is communicated with the coaching instructor this information

- **Enrollment Form** - Please ensure this is completed prior to each sessions required. Also clients must reply to the confirmation email supplied by company admin that they agree and accept the terms and conditions of the bookings - Link - <http://befitsports.com/enrol.html>



Please feel free to contact us if you have any questions.
Thank you and please enjoy the camp!